Physicians of East GTA FHG, and East GTA Family of FHOs and East GTA FHT, in Conjunction with Chinese Canadian Medical Society (CCMS)

Cordially Invite You to

The 24th Annual GTA Primary Care Symposium for Primary Care Physicians

Date: Saturday, November 7, 2026

Time: 1:00 pm

Place: NEW

Century Banquet Restaurant
(世纪豪宴)
New Century Plaza, 398 Ferrier St.
Markham, Ontario, Canada L3R 2Z5
(north of Steels Ave. and west of Warden Ave.)

Tel: 1-647-483-9999



Agenda: Saturday, November 7, 2026

1:00 pm - 1:30 pm
Dim Sum Buffet, Registration, and Introduction

1:30 pm - 9:35 pm
Moderator: **Dr. Vansen Lee**

1:30 pm - 1:45 pm *(15 minutes)*
Program Review by: **Dr. Christopher Jyu**

1:45 pm - 2:40 pm *(40 & 15 minutes Q & A)*
Update: COPD and RSV
Speaker: **Dr. Sacha Binder MD,** *FRCPC*
Staff Respirologist Scarborough Health Network

2:40 pm - 3:35 pm *(40 & 15 minutes Q & A)*
Update: Respiratory Vaccination: A Missing Pillar in CV Risk Management
Speaker: **Dr. Bradley Dibble MD,** *FRCPC, FACC*
Senior Cardiologist, PACE Cardiology, Barrie
Staff Cardiologist, Royal Victoria Regional, Barrie

3:35 pm - 4:30 pm *(40 & 15 minutes Q & A)*
Update: Allergic Rhinitis
Speaker: **Dr. Anne Ellis MD,** *MSc, FRCP FAAAAI*
Kingston Chair, Allergy & Immunology, Queen's University

Break: 4:30 pm - 4:45 pm *(15 minutes break)*

4:45 pm - 5:40 pm *(40 & 15 minutes Q & A)*
Update: What's New in LDL-C lowering
Speaker: **Dr. Nisha D'Mello MD,** *FRCPC*
Cardiac Critical Care and Clinical Services Director - SHN

5:40 pm - 6:07 pm *(20 & 7.5 minutes Q & A)*
Update: Update Women's Health
Speaker: **Dr. Hossai Furmli MD,** *CCFP, MSCP*
Director of Ajax Woman's Health Clinic

6:07 pm - 6:35 pm *(20 & 7.5 minutes Q & A)*
Update: Connecting the Dots in CV-Kidney-Metabolic Health with a focus on nsMRAs
Speaker: **Dr. Grace Chua MD,** *FRCPC, FACC*
Staff Cardiologist at Mackenzie Health

6:35 pm - 7:30 pm *(40 & 15 minutes Q & A)*
Update: Osteoporosis
Speaker: **Dr. Peter Lin MD,** *CCFP*
Director Primary Care Initiatives, Canadian Heart Research Centre
Associate Editor, Elsevier WebPortal – PracticeUpdate Primary Care
Medical Director, LinCorp Medical Inc.

Dinner: 7:30 pm - 8:00 pm *(30 minutes)*

8:00 pm - 9:30 pm *(90 minutes)*
Update 2026: "State of the Union"
Speaker: **Dr. Rebecca Hicks,** *President of the OMA*

The 24th Annual GTA Primary Care Symposium

Organized by :

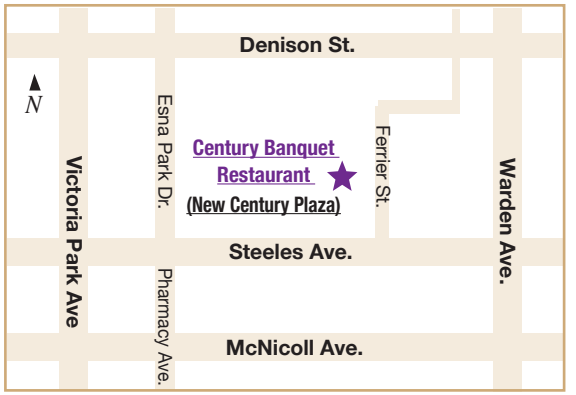
Dr. Christopher Jyu
affiliated with SHN, CCMS, OMA, CMA
membership number: 611853

Dr. David Lam
affiliated with OMA, SHN, Past President of CCMS
membership number: 615953

Study Credits

This activity has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to **7.25 Mainpro+® credits**.
(Session ID - 303972-001)

Disclosure:
Speakers will be requested to disclose to the audience, any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.



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New Century Plaza, 398 Ferrier St., Markham, ON L3R 2Z5

Contact person:

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General overarching learning objectives:

1: to review what is new in the treatment of common illnesses and conditions.

2: to review what is still really relevant and important in the current treatment recommendations.

3: to update on new and changed management of patients for the conditions.

4: to apply best guideline practice recommendations into routine clinical practice based on specific patient characteristics.

REGISTRATION

please print

First Name _____ *Last Name* _____

Address _____ *City* _____ *Postal Code* _____

Telephone _____ *Fax* _____ *Email* _____

Registration Fee: $80 for early birds before Oct. 31, 2026 and $120 for late registration after Oct. 31, 2026

Please register this event online and VISA or Mastercard payment at: ***https://eastgtacme.ca/***

Refunds will not be issued for cancellation. This registration record is your tax receipt for the event.